



## **Why Advantage Rehab?**

**Skill and Passion:** We are excited about what we do, and it shows in our enthusiasm for physical therapy both in and out of the clinic. Our physical therapists and assistant schedule study time in the office 2-3 times each month, attend a community-wide therapy study group and participate in more than 5x the license-required professional education. All physical therapists are certified in dry needling, and most have manual therapy certification and are nationally recognized as Orthopedic Clinical Specialists.

**Ease and Convenience:** We offer early, lunchtime and evening appointments. We participate in most insurance plans and also offer cash-pay options. Our services are available in both Cody and Powell. Advantage Rehab sees clients through both physician referral and direct access. We are proud to have strong professional relationships with physicians throughout the Big Horn Basin and Billings. Many of our referrals come from exercise specialists in the community and through personal recommendations.

**Friendliness and Professionalism:** Many of our clients comment on the comforting and professional environment of our physical therapy clinic. They are often surprised by the personal approach to care that starts with scheduling and carries over into the first evaluation and through every treatment. Personal and professional growth is essential to our management philosophy. Our support staff has an impressive combination of years of training, CNA certification and college classes. Our entire team is kind, compassionate and engaged.

**Community Involvement:** Advantage Rehab supports Cody and Powell. We sponsor a 3-point basketball club in Powell, participate in High School and NWC booster clubs, are volume buyers at the Park County Youth Livestock Sale, and support local service organizations and community and youth athletics. Advantage Rehab therapists are active in the Cody Rotary Club, Powell Rotary Club, Cody Soroptimists and local church organizations. You will often see them volunteering at community events. Clinic walls are adorned with artwork purchased almost exclusively at community fundraisers.

**Collaboration:** Advantage Rehab believes there are other ways to strengthen our patients' minds and bodies. This is why Advantage Rehab offers therapeutic Yoga classes in our office. Therapeutic Yoga has been proven to ease stress, tension, chronic pain, and anxiety. We also believe in steering our young generation toward a healthy and active lifestyle, and we achieve this through coordination with Ryan Brown, Stampede Sports Pro LLC.

**CONTACT US AT 307-587-9866 Cody, 307-754-2019 Powell**

### **Lynda Brown, PT, ScD, OCS**

Lynda is the owner of Advantage Rehab and has been a physical therapist for twenty-seven years. Lynda is nationally recognized as a Board Certified Clinical Specialist in Orthopedics and especially enjoys the challenges of back, neck and headache evaluation and treatment. She is certified in manual therapy by the International Academy of Orthopedic Medicine, and certified in Dry Needling. Lynda's first physical therapy degree was awarded at Northern Arizona University in 1987, and she completed her Doctorate of Science in Physical Therapy at Texas Tech University in 2009, culminating with a project teaching physical therapist diagnosis and management of headaches. Lynda lives in Powell with her husband Dave and they have two daughters. She is active in the American Physical Therapy Association and currently serves as Chair of the Wyoming State Board of Physical Therapy. She is a member of Cody Rotary. She enjoys traveling with her family and running.

### **Angela Marchant, PT, DPT**

Angela interned at Advantage Rehab and earned her Doctor of Physical Therapy at the University of North Dakota. She is certified in dry needling. Angela's calm demeanor and thoroughness is much valued at our busy clinic. Angela is a member of the American Physical Therapy Association. Angela recently married Justin in a Thanksgiving Day ceremony. She is active in her church and enjoys playing the guitar.

### **Lori Swanton, PT, DPT, OCS, COMT**

Lori Grubbs-Swanton is known in Cody as the previous Wellness Director at Big Horn Basin Therapy and Wellness Center. She earned her Doctor of Physical Therapy at Arcadia University in 2010 and completed a three-year mentorship in Alaska after graduation. She completed her orthopedic manual therapy certification through the Ola Grimsby Institute in 2012. She is nationally recognized as a Board Certified Clinical Specialist in Orthopedics and has her certification in dry needling. Lori's energetic and optimistic attitude adds to the healing atmosphere at Advantage Rehab. She is active in the American Physical Therapy Association and currently serves as Wyoming's Federal Affairs Liaison. She is a member of Cody Soroptimist Club. Lori is married to Tom and enjoys skiing, hiking and all outdoor activities.

### **Beth Johnsey, PT**

Beth graduated Cum Laude in 1984 from the University of Puget Sound with her Bachelor of Science. She treats all areas of physical therapy with a focus on orthopedic and sports medicine. Beth has 30 years of experience, with 23 years in the Big Horn Basin. She feels strongly that rural Wyoming residents deserve and receive quality health care. Beth enjoys spending her free time outdoors with her dogs and horses.

### **Miranda Roberts, PTA**

Miranda did her internship with us, and when she completed her schooling and while working in Riverton, we did our best to entice her to come back to Cody and it worked! She is an attentive listener with "magic hands" (just ask her faithful patients.) Miranda is always looking for ways to improve her patients' quality of life through functional strengthening and training to help them be better able to perform activities of daily living. Miranda enjoys baking and has just taken on cross-country skiing.

### **Lucas Krubeck, PTA**

Lucas did his first internship with us while he was studying physical therapy at Laramie County Community College. He is a licensed Physical Therapist Assistant. Lucas has a background in the fitness industry and is also a Certified Personal Trainer through NCCPT. He enjoys the opportunity to help his patients understand and utilize their bodies. Lucas is a competitive bodybuilder in the NPC, and a D-Certified USA Soccer Coach. Lucas prides himself in being able to work with all patient populations, he looks forward to bettering himself as a physical therapy provider, and working alongside the other dedicated and talented staff here at Advantage Rehab. Lucas and his wife Abbey are both Cody natives.

Lucas is a musician and plays guitar in a Blues/Rock trio. He enjoys his bodybuilding, music and his friends and family.